

DISEASE WARNING



WEST NILE VIRUS PREVENTION



ELIMINATE MOSQUITO BREEDING HABITAT

- ✓ Routinely empty water from outside containers such as flowerpots, pet bowls, swimming pool covers and unused wading pools, buckets, barrels, watering cans, plastic sheeting and other items that collect rainwater in which mosquitoes can lay their eggs.
- ✓ Place trash in proper outdoor receptacles with lids and dispose of on a regular basis.
- ✓ Check roof gutters to ensure they are draining properly.
- ✓ Properly dispose of discarded tires.
- ✓ Repair malfunctioning septic systems so that they do not openly discharge.

MINIMIZE CONTACT WITH MOSQUITOES

- ✓ Apply insect repellent to exposed skin when you go outdoors. Effective repellents contain DEET (N,N-diethyl-m-toulamide) Picaridin or oil of lemon eucalyptus. USE CARE IN APPLYING REPELLENT TO CHILDREN: DON'T PUT REPELLENT ON THEIR HANDS, AND BE CAREFUL TO AVOID THEIR MOUTHS AND EYES. PRODUCTS CONTAINING 10% OR LESS DEET ARE THE MOST APPROPRIATE FOR CHILDREN AGED 2-12 YEARS.
- ✓ Whenever possible, wear light colored tightly woven protective clothing such as long sleeves, long pants, and socks while outdoors.
- ✓ Consider staying indoors between dusk and dawn, which is peak mosquito biting time. Avoid activities in areas where mosquitoes are plentiful.
- ✓ Fix or install window and door screens to keep mosquitoes out of buildings.



**For additional information contact Lake County Health Department
219-755-3655**

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